



# GUERNSEY CRICKET



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## **INTRODUCTION**

This document sets out the aims, aspirations and methods of Guernsey Cricket and how these will be achieved.

This will ensure that there is a clear and defined pathway and philosophy within Guernsey Cricket, from bottom to top.



## **A COMPLETE PLAYER, COACHING AND RETENTION PATHWAY**

A player pathway has existed in Guernsey Cricket for many years, providing a range of opportunities to young players from the Island. Over recent years playing chances have been created both domestically and internationally for Guernsey's young cricketers and expectations have risen as a result.



Through the ICC and Sussex Cricket, Guernsey Cricket has forged sustainable relationships that now provide young players with a myriad of opportunities. Guernsey Cricket looks to provide every player the ability to reach the highest standard they are capable of, no matter their financial circumstances or background.



## **VISION**

To deliver access to our great game that meets the ability of, and aspirations of, everyone.

## **MISSION**

To ensure that Guernsey Cricket provides a clear, defined and targeted pathway enabling everyone to have the opportunity to achieve their potential within the game.

## **PURPOSE**

To provide an enduring and valuable cricketing experience to all the people in the Bailiwick of Guernsey.

## **LEARNING TO PLAY**

### **LITTLE CHAMPS CRICKET**

Guernsey Cricket have teamed up with Little Champs to deliver cricket related sessions. These sessions include several fundamental movement skills such as running, throwing, catching and striking. The programme is led by community coach Dec Martel.



### **RAVENSCROFT FUTURE STARS**

Ravenscroft Future Stars was launched in 2018 by the Guernsey Cricket Board replicating the ECB 'All-Stars' programme. The course is aimed at children aged five to ten and promotes their development through fun activities giving them an introduction to cricket fundamentals whilst having a great first experience of the game.



In 2021, 162 children attended the 6 week summer courses, the course has grown in popularity year on year with children moving into club cricket after Future Stars.



## JUNIOR CLUBS PROGRAMME

The junior club programme has gone from strength to strength since being handed over by Guernsey Cricket in 2019. Cobo, Griffins and Wanderers have a clear pathway for the players to start softball cricket and progress right the way through to the Club's first team. Competitive match activities are aligned with having fun in an inclusive environment with game structures designed to ensure everyone has an opportunity with bat and ball.

The junior programme is constantly being **REFINED** to provide appropriate challenges to both players and coaches to enable them to reach the best of their ability

## BOYS & MENS COACHING PROGRAMMES

### U11, U13, U15 & U19

Within these age groups selected players will be provided with specific training programmes within squad sessions where there will be a focus on **LEARNING TO WIN**. Players will have three training blocks over the winter and two training blocks in the summer. Players will experience inter-island rivalry and all that competition brings when representing Guernsey Cricket against Jersey Cricket Board. The under 13 and under 15 age groups have the opportunity to travel off island on tours. At all times the players will be coached within the agreed guidelines and KPIs of Guernsey Cricket in order to achieve the vision and mission of Guernsey Cricket. Development Team players are also encouraged to assist the running of junior league clubs and where appropriate work towards coaching qualifications.





## PLAYING TO WIN

### GUERNSEY NATIONAL MEN'S TEAM

The intention is to have the National squad training consistently throughout the year with periodic breaks post season and around Christmas to recharge and refresh. The winter periods are vital to repair any medical issues and to set a base of technical and physical work. The tempo of winter sessions will be progressive so that a player will be as close to game speed as possible once the season starts and is able to execute the techniques practiced.

The National Team now have T20 International status so therefore have the opportunity to compare their own international stats against the likes of De Villiers, Kohli, Smith and Roy to name a few. The opportunities that could arise from this could be competitions such as the Canadian Premier League and other smaller franchise cricket in the world.

The 2021 season proved to be another challenging year with all ICC tournaments continuing to be postponed due to the global pandemic. The squad continued to work hard on-island and looks forward to international competition in 2022.

Guernsey currently sit 37 in the World rankings.





## **GIRLS AND WOMEN'S COACHING PROGRAMMES**

Both programmes run throughout the winter and are open to all. The sessions are aimed at providing the girls and women with the best possible coaching and facilities.

## **GIRLS TRAINING**

The girl's training runs yearly and is the best way for girls to get involved in cricket. These sessions aim to deliver a fun introduction to cricket, equip the girls with the skills to play competitively and provide a pathway to the Guernsey Women's Team. Over the past couple of years several of girls have played in the Junior Clubs programme and gone on to represent Guernsey against the Isle of Man. As there are a high number of coaches that attend these sessions they can comfortably cater for all abilities. The girls sessions are free of charge and are led by Lee Forshaw, Guernsey Participation Officer.



## **GUERNSEY WOMEN'S TEAM**

The Guernsey Women's Team train indoors from November through until April then move outdoors from May through until August. Inter-Insulars are arranged against Jersey, tours away are planned and teams are actively encouraged to come to Guernsey. Women's cricket is a key focus for Guernsey cricket and is an excellent opportunity to play international sport.

## **Winter Coaching**

As per last winter we will be training at the **ELIZABETH COLLEGE SPORTS HALL**. The winter program follows the same 3 key rules as previous winters.

**AVAILABILITY** - Turn up on time

**ATTITUDE** - Wear the correct kit

**ABILITY** - Engage fully with each session

The winter plan will work as a traffic light system. When areas are marked in **red** this means we would love to see you at our sessions however we fully appreciate you play other sports. If areas are marked in **amber**, we would ideally like you at these sessions however we again understand that you might still be playing other sports. If a session is marked as **green** it means that we really need you to attend as they are crucial for the setup of the season and your development. Please note in order to be in contention for early season tours (under 13's) we would need to see you at the last cycle of indoor training as we have to select sides to input flight names at this stage.

There will now be the opportunity to book additional training sessions (30 mins) with qualified coaches. These can either be one-on-one or two-on-one and can be booked directly through Ben Ferbrache.

The winter programme will be broken down into 3 cycles to mirror the school terms. They are as follows:

**Cycle 1 (Pre Christmas) - 1st November – 12th December 2021 (£60)**

**Cycle 2 (New Year) - 10th January – 20th February 2022 (£60)**

**Cycle 3 (Pre Season) - 28th February – 10th March 2022 (£60)**

Please note there is an additional charge to the above training for tours. These will be set at a cost of £400 per tour. At present we are actively looking at opportunities to travel in 2022 for all squads and will provide updates in due course.

Please sign up online for any of the courses at [www.guernseycricket.com](http://www.guernseycricket.com).

## COACHING CONTACTS:

**Chief Executive** - Mark Latter – 07911 722145

**Development Manager** - Ben Ferbrache – 07781 405209

**Participation Officer** - Lee Forshaw - 07911 732178

**Safeguarding Officers:** Nicky Forshaw & Carl Brooks - 01481 257332

**Guernsey Cricket Office** - 01481 257332

| <b>DAY</b> | <b>AGE GROUP</b>     | <b>TIME</b> |
|------------|----------------------|-------------|
| Monday     | Girls Cricket        | 1600-1715   |
| Tuesday    | Under 17             | 1615-1745   |
| Wednesday  | N/A                  | N/A         |
| Thursday   | Under 13's (Group 1) | 1615-1745   |
| Friday     | Under 11's           | 1600-1730   |
|            | Under 15's           | 1730-1900   |
|            | Under 13's (Group 2) | 1900-2030   |
| Saturday   | Senior A Team        | 1130-1330   |
| Sunday     | Senior Men           | 1400-1600   |
|            | Senior Ladies        | 1600-1730   |



## Winter Training Plan at **ELIZABETH COLLEGE**

### **Cycle 1 - Week commencing 1st November – 12th December 2021 - £60**

**Week 1** – Preparing to play & Fielding (bring tracksuit bottoms)

**Week 2** – Seam Bowling

**Week 3** – One Day Batting

**Week 4** – Spin Bowling

**Week 5** – One Day Batting

**Week 6** – Strength and Conditioning/Competition Week

### **Cycle 2 – Week commencing 10th January – 20th February 2022 - £60**

**Week 1** – Preparing to play & Fielding (bring tracksuit bottoms)

**Week 2** – Back Foot Shots

**Week 3** – Deception Bowling

**Week 4** – Front Foot Shots

**Week 5** – Strength and Conditioning

**Week 6** – Indoor Cricket

### **Cycle 3 – Week commencing 28th February – 10th April 2022 - £60**

**Week 1** – Preparing to play & Fielding (bring tracksuit bottoms)

**Week 2** – Power Hitting

**Week 2** – Judging Length and Bowling Golf

**Week 4** – Sweep Shots

**Week 5** – Strength and Conditioning

**Week 6** – Net Practice/Etiquette

## Summer Training Plan – at the **KGV**

The Summer training plan will be confirmed once our tour dates are finalised. We are looking to finalise these at the end of the year.

# PATHWAY



**LITTLE CHAMPS CRICKET**

Partnered with Little Champs, Guernsey Cricket deliver sessions to children age 2-4 to teach the fundamentals of cricket - batting, bowling and fielding, all achieved using a fun range of activities.

**PRIMARY SCHOOL PARTNERSHIP**

Guernsey Cricket provide local primary schools with a range of opportunities through curriculum PE, lunchtime & after school clubs and festivals.

The lessons teach cognitive, social and personal skills. developing fundamental skills through game play.

**FUTURE STARS**

The course is aimed at children aged 5 to 10 and promotes their development through fun activities. It provides an introduction to cricket fundamentals whilst having a great first experience of the game.

This course also includes a kit bag containing stumps, bails, bat, ball, water bottle, cap and a tee shirt.

**JUNIOR CLUB CRICKET**

Guernsey has three established junior clubs welcoming players from 7 years old. These three clubs (Cobo, Griffins & Wanderers) boast a well established pathway into adult cricket. The junior section is split into three: an intro to cricket group, then second and first division squads. These are primarily based on ability rather than age.

**SECONDARY SCHOOL**

Guernsey Cricket provide local secondary schools with a range of opportunities through curriculum PE, lunchtime & after school clubs.

Guernsey Cricket also have a strong link with Elizabeth College and are responsible for the running of the EC First XI team.

**REPRESENTATIVE CRICKET**

Guernsey representative cricket contains a girls section, Under 11, 13, 15 & 19 age groups. Players will be provided with specific training programmes within squad sessions.

Players will be coached within the agreed guidelines and KPIs of Guernsey Cricket in order to achieve our vision and mission with the aim of progressing to the National team.

**CLUB CRICKET**

Adult cricket is split into 3 Evening League divisions containing 25 teams. The top division is formed of 6 teams and the second and third division have 9 teams in each.

Weekend League cricket is split into 2 divisions, the top division (50 Over) containing 3 teams and the lower division (40 Over) containing 6 teams.

**A TEAM CRICKET**

To bridge the step from club cricket into International cricket, 2021 saw the introduction of the Guernsey A Team.

This squad is made up of the best league cricketers and cricketers who have aspirations of playing for Guernsey in International competitions

They will have the opportunity to play games against visiting sides such as Holland A and Sussex Academy.

**INTERNATIONAL CRICKET**

The National team have now gained International T20 status. This is the pinnacle of Guernsey Cricket. The National squad are regularly fitness tested along with regular training both in a 1 on 1 and group environment. The squad is currently ranked 37 in the World.

In addition to the men's there is a thriving Ladies section who are also playing International Cricket.



## THE GUERNSEY WAY

Guernsey cricket will be built upon honesty, respect and trust.

We will seek to uphold these values remembering who we are and where we are from

We will not compromise our commitment in the pursuit of excellence.

On the field we will never take a backwards step, but always be mindful to respect the game and its traditions

We are very proud to be ambassadors of Guernsey Cricket



# Under the Covers Guernsey Cricket Podcast



Guernsey Cricket's Cricket Development Manager Ben Ferbrache is joined by various guests to discuss all things about Guernsey Cricket to professional cricket. Available on Apple Podcasts and Spotify.

